



## **Alive – the Irish Living Foods Association**

Invites you to a **SPECIAL EVENT**

**‘How to Stay Cancer Free’**

with

**Ray Lekowski**



**‘ I have taken responsibility for my own health.  
Prostate Cancer was a blessing. It has motivated me  
to change my life to degrees that I could not have imagined.  
I feel great and this is just the beginning’. Ray Lekowski**

**Date: Sat 8th June 2019 - 3 pm**

**Venue: Healthy Habits Studio,  
SOL Building, Quarantine Hill, Wicklow Town**

**followed by a Short Living Food Demonstration  
plus a Living Food Buffet**

**Cost €20**

**Tel: 0404 68645/086 3960972 – Gabrielle**

**email: [gabriellekirby@gmail.com](mailto:gabriellekirby@gmail.com)**

**[www.irishlivingfoods.com](http://www.irishlivingfoods.com) [www.healthyhabs.com](http://www.healthyhabs.com)**